Handsworth Grange
Community Sports College

KS3 PSHE & CITIZENSHIP LEARNING JOURNEY 2025/2026

Y7

- Managing change and Being safe
- Health and puberty
- Creating healthy relationships
- Diversity and equality
- Online safety
- Careers: Self awareness

Y8

- Substance misuse and exploitation
- Relationships and identity
- Mental health and emotional wellbeing
- Careers: What is work?
- Citizenship: What is democracy?
- Managing my money

Y9

- Substance use and gangs
- Respectful relationships
- Careers: Decision making
- Intimate relationships
- Drugs and health
- Careers: Employability skills

KS4 PSHCE and Ethics

pshe
Personal Social Health Education