



PE Y₉ CURRICULUM AND ASSESSMENT MILESTONES DOCUMENT

YEAR 9 CURRICULUM MILESTONES: PE

Year 9 PE Curriculum Milestones
Learning aim
1. Pupils continue to have access to a wide range of physical education topics. In year 9 we introduce theory through practical and first aid as a life skill.
2. Pupils will experience a double lesson (2 hours) to be as physically active as possible, continuing to develop physical literacy with additional emphasis on leadership. Each group will lead a primary festival for our local feeder schools.
3. Pupils will recap/recover and build on the physical skills from year 7/8 which are sport specific and transferable. More emphasis is given to the theory behind the practical with an engagement unit of alternative sports.
4. Pupils will discuss the importance of the components of fitness, principles of training and fitness testing to improve performance for a given sport.

ASSESSMENT MAPS

Key Stage 3- PE Assessment Map		
Assessment	Feedback	When
Assessment 1- Start of the year, split into 2 sections Theory (written exam) and practical (fitness assessment)	Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner.	September.
Assessment 2 -End of unit/block (practical assessment)	Verbal, class feedback and fill in on progress sheet.	After each unit/block of learning
Assessment 3 End of year, split into 2 sections Theory (written exam) and practical (fitness assessment)	Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner. Progress since start of year?	July