



PE Y7 CURRICULUM AND ASSESSMENT MILESTONES DOCUMENT

YEAR 7 CURRICULUM MILESTONES: PE

| Year 7 PE Curriculum Milestones |
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| Learning aim |
| <p>1. Pupils have access to a wide range of physical education topics which cover a broad range from invasion, net and wall, striking and fielding, athletics, fitness and aesthetic. A large proportion of these are not covered at key stage 2. Topic/units covered in Year 7- Gymnastics, OAA (team building), Badminton, Football, Netball, Fitness, Table Tennis, Athletics, Rounders and Cricket.</p> |
| <p>2. Pupils are encouraged in lesson to be as physically active as possible with a key concept is developing and demonstrating physical literacy to ensure the gap between primary and secondary is closed.</p> |
| <p>3. Pupils will demonstrate, identify, describe and explain new basic physical skills which non-gender sport are specific and transferable. New skills are developed, with use of tactics, skill level, rules and put into competitive competitions.</p> |
| <p>4. Pupils will practically and orally, identify, describe, explain, link and justify the methods of training for a healthy active life.</p> |

ASSESSMENT MAPS

| Key Stage 3- PE Assessment Map | | |
|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| Assessment | Feedback | When |
| Assessment 1- Start of the year, split into 2 sections Theory (written exam) and practical (fitness assessment) | Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner. | September. |
| Assessment 2 -End of unit/block (practical assessment) | Verbal, class feedback and fill in on progress sheet. | After each unit/block of learning |
| Assessment 3 End of year, split into 2 sections Theory (written exam) and practical (fitness assessment) | Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner. Progress since start of year? | July |