



PE Y8 CURRICULUM AND ASSESSMENT MILESTONES DOCUMENT

YEAR 8 CURRICULUM MILESTONES: PE

Year 8 PE Curriculum Milestones
Learning aim
1. Pupils continue to have access to a broad wide range of physical educations topics/units which sequence on from year 7.
2. Pupils will experience a double lesson (2 hours) to be as physically active as possible, continuing to develop physical literacy with additional emphasis on values e.g. resilience and breaking down barriers
3. Pupils will recap/recover and build on the basic physical skills from year 7 which are sport specific and transferable. New skills are developed and put into competitive competitions.
4. Pupils will continue to practically and orally, identify, describe, explain, link and justify the methods of training for a healthy active life.

ASSESSMENT MAPS

Key Stage 3- PE Assessment Map		
Assessment	Feedback	When
Assessment 1- Start of the year, split into 2 sections Theory (written exam) and practical (fitness assessment)	Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner.	September.
Assessment 2 -End of unit/block (practical assessment)	Verbal, class feedback and fill in on progress sheet.	After each unit/block of learning
Assessment 3 End of year, split into 2 sections Theory (written exam) and practical (fitness assessment)	Self marked/marked for multiply choice and 1mark questions so instant feedback. Class feedback with progress sheet introduced for planner. Progress since start of year?	July