

# Assessments in PE Year 7-9

## Baseline Assessment

All pupils will sit a 60 mark written exam at the start of every year. All pupils will do fitness test (10 minutes running laps, sit ups/push ups, throwing and catching and star jumps) to show their current level of fitness. Both these results will give pupils a beginner, competent, advanced or elite score.



## Unit/Sports

After each unit of work/different sport. Staff will assess each pupil and give them practical score of beginner, competent, advanced or elite. Staff will video a number of pupils during practical lesson and then use in department meetings to make sure our assessment are accurate and fair.



## End of year

All pupils will re-sit a 60 mark written exam to see how much they have learnt/progressed theory based that year. All pupils will re-do the fitness test to see if their fitness levels have improved, maintained or declined. Baseline, Unit and End will all be calculated together to give an overall score of a beginner, competent, advanced or elite in PE.

