

# 2022-2023 TERM I MENU



HALAL/  
MAIN  
ONE

MAIN  
TWO

HOT TO  
GO

SIDES

	<b>'GREEN EARTH' MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Topped Mac n Cheese with Cajun Veg	Lamb Shepherd's Pie Topped with Mash	Roast Chicken or Gammon with Stuffing & Gravy	Chicken Balti with Wholegrain Rice	Battered Sustainably Sourced Pollock with Lemon
	Baked Crispy Smoky Veg 'Hexadilla'	Shepherdess Pie	Roasted Vegetable & Lentil Loaf	Squash and Chickpea Balti with Steamed Rice	Margherita Pizza Slice
		Bangers & Mash with Onion Gravy	Pesto & Spinach Pasta	BBQ Chicken & Vegetable Burrito	
	Broccoli Carrots Baked Beans Mixed Garden Salad	Green Cabbage Garden Peas Baked Beans Mixed Garden Salad	Roast Potatoes Cauliflower Baked Beans Mixed Garden Salad	Bombay Potatoes Sweetcorn Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
<p>Available Daily: Sweet of the Day or Fresh Fruit Salad, Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls &amp; Wraps, Fresh Salads</p>					
<p>*Vegan Option Available</p>					

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	Spicy Veggie Keema Curry with Rice	Bangers & Mash (Pork or Chicken) with Onion Gravy	Roast Chicken or Gammon with Accompaniments	Thai Red Chicken Curry with Rice	Battered Sustainably Sourced Pollock with Lemon
	Sweet Potato Falafel, Flat Bread, Salad & Tomato Salsa	Veggie Bangers & Mash with Onion Gravy	Cheesy Leek & Potato Pie	Thai Red Vegetable Curry with Rice	Baked Cheese, Onion & Spiced Tomato Jacket Skins
		Jamaican Chicken, Rice & Peas	Sweet Chilli Chicken & Vegetable Noodles	Tuna & Salmon with Sweetcorn Pasta in a Creamy Sauce	
	Peas Roasted Carrot Baked Beans Mixed Garden Salad	Sweetcorn Carrots Baked Beans Mixed Garden Salad	Roast Potatoes Broccoli Green Cabbage Baked Beans Mixed Garden Salad	Sweetcorn Green beans Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
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	Vegetable Meatballs with Herb & Tomato Sauce & Penne Pasta	Chicken Katsu with Rice	Roast Chicken or Gammon with Stuffing & Gravy	Moroccan Chicken Tagine with Lemon & Garlic Cous Cous	Battered Sustainably Sourced Pollock with Lemon
	Veggie Chilli with Rice	Naked Sweet Potato Katsu with Rice	Roasted Root Vegetable Pie	Moroccan Chickpea and Lemon Tagine	BBQ Korean Spiced Vegetable Mince Rice Pot
		Kung Poa Chicken Noodle	Smashed Falafel Wrap with Salad & Salsa	Topped Diced Potato Pot with Spicy Lamb Ragoût	
	Sweetcorn & Peppers Broccoli Baked Beans Mixed Garden Salad	Roasted Veg Green Beans Baked Beans Mixed Garden Salad	Roast Potatoes Mixed Vegetables Broccoli Baked Beans Mixed Garden Salad	Fresh Carrots Cauliflower Spiced Diced Potatoes Baked Beans Mixed Garden Salad	Chipped Potatoes Garden Peas Baked Beans Mixed Garden Salad
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