COST OF LIVING CRISIS:

HOW YOU CAN HELP

Due to rising costs, many people are now finding it difficult to pay for rent, energy, and everyday items. The following list shows organisations who support those struggling with cost-of-living increases. You can help with donations, volunteering, and other types of support.

DONATIONS

- South Yorkshire's Community Foundation has set up a <u>Sheffield Cost of Living fund</u> to provide grants for organisations, including food banks, that are supporting local people with the cost of living crisis. You can donate to the Cost-of-Living fund via their <u>JustGiving</u> page.
- You can donate to <u>Citizens Advice Sheffield</u> which provide free, independent advice on benefits, debt, housing, and employment rights by cheque or online.
- National Energy Action (NEA) is a fuel poverty and energy efficiency charity who provide-to-one advice, support, and grants to the most vulnerable and low-income households, including many in Sheffield. You can donate to the NEA via their website.
- You can donate to the **Sheffield Foodbank Network** by bank transfer, cheque or Paypal using the details provided on their website. Or you can donate food or goods to your local food bank.
- The Sheffield 1000 charity is aiming to get 1000 people donating £1 a week. This is then distributed to local charities and good causes. You can sign up to donate and nominate a charity on their website.
- You can find information about Cost of Living community support on the Voluntary Action Sheffield website including a map of Welcoming Places, some of which may appreciate donations.
- Local winter appeals include **Sheffield Shoebox Appeal** and SCCCC's **Knit a winter blanket** campaign.

VOLUNTEERING

- Those interested in volunteering should start by contacting **Sheffield Volunteer Centre** which provide face-to-face and online advice, as well as a database of local opportunities.
- Many foodbanks and community kitchens need more volunteers at the moment. You can search for local foodbanks on the **Sheffield Foodbank Website** or look at specific roles using the Sheffield **Volunteer Centre's search tool**.
- You can also look at the <u>Trussell Trust</u> website to find volunteering opportunities in your local area.
- Citizens Advice also rely on volunteers, and you can search for their opportunities on their website.

MORE

- Opening an account with <u>Sheffield Credit Union</u> including taking out loans and building savings –
 enables the Credit Union to provide more not-for-profit loans for those who need them and can act
 as a more affordable alternative to overdrafts and other short-term loans.
- For a list of the support organisations in Sheffield which may need donations, volunteers, or other forms of help, visit the council's **Money Support Website**.





If there is something you want to offer to Sheffield's cost of living response that is not covered above, please email <u>costofliving@sheffield.gov.uk</u>